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Microevolutionary processes OPEN analysis in the Lithuanian genome

Laura Pranckėnienė***, Alina Urnikytė*** **& Vaidutis Kučinskas**

Diferences in the relative ftness of genomic variants are foundational, without these, neither natural selection nor adaption can exist. This research analyzed two microevolutionary forces, mutations, and positive selection, using whole genome sequencing data from Lithuanians across three generations: newborns (generation I), their parents (generation II), 60 years old Lithuanians, and the root ancestors (generation III). The main objective was to determine the frequency of mutations under selection in modern humans and how allele frequencies change across generations. Our results show that going through all the landscapes of the relative ftness on each chromosome, the general relative ftness background pattern remains the same in analysed generations. However, the tendency of relative ftness to decrease, in general, is noted. We hypothesize that the de novo genome variants or genome variants with a very low frequency that formed in the previous generation did not have time to be as afected by natural selection, thus, in the following generation, the force of natural selection acting on them is greater and their cumulative relative ftness also decreases. The strong natural selection pressure on the genetic regions that encode the *NEGR1* **and** *PTPN1/PTNP21* **genes were also identifed, highlighting the evolution of the Lithuanian population's genome over generations, and possible genomic "defciencies" for better adaptation.**

The study subjects, Lithuanians, possess intriguing characteristics such as partial isolation, ancient genetic composition, and genetic differentiation within the European context¹. After the last glaciation approximately 11,000 years ago, the initial settlers of Lithuania migrated to West Lithuania along the Baltic Sea^{2,[3](#page-7-2)}. These individuals originated from hunter-gatherer populations in Western Europe3. The formation of the first Baltic coastal culture in Lithuania occurred through the interaction between indigenous populations and Indo-Europeans during the late Neolithic period⁴. Archaeological, linguistic, and genetic evidence indicates an uncertain influ-ence of the Finno-Ugric people on the Balts^{[1](#page-7-0),[2,](#page-7-1)[4](#page-7-3)}. It has been proposed that around 6000–5000 years ago, during the middle Neolithic period, the Finno-Ugric people migrated to the eastern coast of the Baltic region. Until the late Middle Ages, the Eastern Baltic region remained one of the most isolated areas in Europe^{[5](#page-7-4)}. When the Roman Empire fell in the ffh century, the Eastern Baltic region was bypassed by the population movements of the Migration Period^{[1](#page-7-0)[,6](#page-7-5)}. Later, during the First and Second World Wars, and the 1922–1945 and 1940–1952 emigrations, the exiles also had a signifcant impact on the population. From 1940 to 1952, Lithuania lost about 850 thousand people, i.e., almost one-third of the population7. By 1959, the Soviets brought about 214,000 residents of other nationalities to Lithuania. Lithuanian residents were moved from one place to another within the country in an organized manner^{[7](#page-7-6)}. Over the past 70 years, the size of the Lithuanian population significantly changed and shrank, and in 2022, it reached its former population size of 1960—only 2.8 million. From 1990 till now, the changes in population size have mostly been driven by economic emigration. Since the political and economic situation changes drastically over the past 50 years with the expansion and development of the food industry, depending on the people's standard of living and geographical region, people's diets have changed especially^{[8](#page-7-7)}. Life habits, such as physical activity, sleep patterns, and the level of stress experienced, have also changed. Medicine has been greatly improved, and the concept of personalized medicine has appeared⁹. The severity and rapidity of changes that drive evolution undoubtedly have afected and still afect the composition of the genome in a relatively short period of time. Tus, this context makes research on the microevolutionary process of the genome worthy of specifc attention.

In recent years, there has been a signifcant focus on population genomic studies, investigating various evolutionary processes such as population structure, local adaptation, genetic admixture, and speciation with everincreasing precision. These studies have unveiled a wide range of species responses to specific conditions. Concurrently, meta-analyses involving multiple species, ofen based on limited genome coverage data, have ofered valuable insights into the ecological factors influencing genetic connectivity. These analyses have shed light on

Department of Human and Medical Genetics, Faculty of Medicine, Biomedical Science Institute, Vilnius University, Santariskiu Street 2, 08661 Vilnius, Lithuania. ^[2]email: laura.pranckeniene@gmail.com; alina.urnikyte@mf.vu.lt

the impact of key life history traits on population structure. However, there remains a need for comprehensive integration of macro- and micro-evolutionary scales in comparative studies to fully unlock their potential¹⁰.

Results

Identification of positive selection signals. The genome-wide distribution signals for each comparison are summarized in Fig. S1. We detected 17 common candidate regions with signatures of recent selection passing from one generation (LTII) to another in the Lithuanian population (LTI) (Table [1,](#page-1-0) Fig. [1](#page-2-0)). Most recent signals were found when comparing Lithuanians (both generations common regions) to the CEU population (Fig. [1](#page-2-0)).

Biological pathways for genes near the targets of selection included genes that are involved in immune function (*HLA-DRB1*, *FBXL7*, and *PLD1*), metabolism (*PLD1*), cellular response to stimuli (*TNIK*), infectious disease (*ADCY8*), muscle contraction (*ACTN2*), and gene expression (*PTPN1*, *ZNF717*, and *ZNF557*). The terms identifed using DAVID, of selected genes, are listed in Table S1. No signifcantly enriched terms were found in GO (FDR < 0.05) enrichment analysis.

A total of 28 strong candidate regions for older signatures of selection were identifed in the two generations of the Lithuanian population when using the Tajima's D statistic (Table [2](#page-3-0)). Tose results were compared with Urnikyte et al. 20[1](#page-7-0)9¹, who published the selection results, and analyzed the genotyping data of 424 60-year-old Lithuanian genome-wide high-density SNP genotype data, which could be considered as the third generation for comparison. In total, eight regions were found in all three generations (Table [2](#page-3-0)). Between these old selection signatures passing through the generations in Lithuanians were genes related to the efficient digestion of dietary fats, and in chromosome 10, comprising the *PNLIP* and *PNLIPRP3* genes that may probably result from local dietary selection pressures in the Lithuanian population. Other genes were related to olfactory receptors on chromosome 9, *OR1L1*, and *OR1L3*, the immune response on chromosome 11, *IL18BP*, vitamin D-binding (*GC*), and human skin color (*BNC2*).

Among the results based on Tajima's D statistics, two significant (FDR < 0.05) Gene Ontology (GO) terms were identified: one BP term, and one molecular function (MF) term (Table S2). The enriched biological process was associated with DNA single-strand break repair, and the molecular function includes damaged DNA binding.

The turnover of relative ftness for whole‑genome variants. Having each identifed genomic variant frequency, we were able to evaluate the relative ftness values. Composing the values of relative ftness for each variant on a chromosome, the landscapes of relative ftness for each chromosome were formed (Fig. [2](#page-4-0)).

The analysis of the compared relative fitness landscapes between the second (LTII) and first generation (LTI) revealed 50 genomic regions (Table [3](#page-5-0)) where the relative ftness was signifcantly smaller or higher in the frst generation than in the second one. Going through all the landscapes of relative ftness on each chromosome, the pattern of general relative ftness background remains the same in both generations. However, the tendency for relative ftness to decrease, in general, is noted (Fig. [2\)](#page-4-0).

The genomic regions where relative fitness differs from the background are distinguished by 134 proteincoding genes. The relative fitness is significantly decreased in genes that are involved in the numerous cellular processes that are initiated by extracellular stimuli that work through G protein-coupled receptors (*ARHGEF4*),

Table 1. Common candidate regions of selection detected with XP-EHH and *FST* for the Lithuanian population LTI and LTII. ^aNumber of significant SNPs that were located at the extreme 0.1% of the empirical distribution for XP–EHH, and at least one SNP in the region had an F_{ST} p-value <0.01, for LTI and LTII generations, separated by slash. *LTI/II—frst generation (newborns), and second generations (parents) of the Lithuanian population samples.

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Figure 1. The Venn plot shows common candidate regions with signatures of recent selection passing from one generation (LTII) to another in the Lithuanian population (LTI); the number of shared signals of candidate regions for recent selection between Lithuanians (common regions of generation LTI and LTII, defned as LT) and the FIN, CEU, and YRI populations from the 1000 Genomes Project Phase3 dataset.

signaling their intracellular transport (*MARCHF11*), which may be necessary for the long-term survival of nociceptive and autonomic ganglion neurons (*RETREG1*), the intrinsic apoptotic signaling pathway in response to oxidative stress (*ZNF622*), etc. Decreased relative ftness was detected in genes that are components of a heterotrimeric cell cycle checkpoint complex, known as the 9-1-1 complex, which is activated to stop cell cycle progression in response to DNA damage or incomplete DNA replication, also, in the *PRLR* gene, which may function to modulate the endocrine and autocrine efects of prolactin in normal tissue, and cancer or genes, the variants of which have been associated with *retinitis pigmentosa*.

Increased relative ftness was detected in genes that regulate the expression of several genes involved in pituitary development and hormone expression (*POU1F1*), the signaling pathway there coding protein PTPN21 regulates a variety of cellular processes including cell growth, diferentiation, the mitotic cycle, and oncogenic transformation and insulin regulation (*SLC2A4*).

Discussion

Our analyses demonstrate that distinct microevolutionary scenarios can generate very similar and realistic biodiversity patterns (e.g., the latitudinal diversity gradient). One of the biggest hits that we saw of selection was found in $a \sim 131$ kb region in chromosome 6, when comparing Lithuanian groups with CEU and FIN populations, which comprise the *HLA-DRB1* and *HLA-DRB6* genes, with the main function being to present pathogen-derived antigenic peptides to T lymphocytes. We identifed three non-synonymous variants in the *HLA-DRB1* gene: rs9270302, NC_000006.11:g.32557479G>A, rs9270303, NC_000006.11:g.32557483 T>C, and rs707953, NC_000006.11:g.32557506 T>C. Lithuanians presented a high frequency (0.79) for the derived A allele at rs9270302, which is found at low frequencies in FIN (0.11), CEU (0.06), and YRI (0.29). Te derived allele C at rs707953 also presents a high frequency (0.79) in Lithuanians and is found at intermediate frequencies in FIN (0.46), CEU (0.47), and YRI (0.50). The measured LD for these pairs of SNPs in plink¹¹ showed complete LD between alleles. The frequencies of the variant rs9270302 were ~0.69 in CEU to 0.85 in Lithuanians. Fengxue Yu (2017) found that the variant rs9270303 was strongly associated with hepatitis B virus-associated hepatocellular carcinoma (HBV-HCC), however, its role still needs to be confirmed¹². However, our findings provide fundamental data that need further study to confrm the roles of these variants. One of these hypotheses could be that those polymorphisms confer specifc humoral immunity against common pathogens.

In some genes, we have identifed non-synonymous variants. In the *COL24A1* gene: rs11161747 and NC_000001.10:g.86591837G >A may participate in regulating type I collagen fbrillogenesis at specifc anatomical locations during fetal development¹³, in the *BTLA* gene: rs9288952, NC_000003.11:g.112185025G > A, with a function to inhibit lymphocytes during the immune response in the *PTPRN2*[14](#page-7-13) gene: rs1130495, NC_000007.13:g.157959911A> G, plays a role in vesicle-mediated secretory processes, and it is required for the accumulation of normal levels of insulin-containing vesicles and the prevention of their degradation, in the *OR1L4* gene, rs2215530, NC_000009.11:g.125486968G>A, and odorant receptor, and in the *PNLIP* gene: rs2915748, NC_000010.10:g.118313265T>C.

Table 2. The candidate positively selected regions in three generations of the Lithuanian population, detected using Tajima's D statistic. *LTI—frst generation (newborns), LTII—second generations (parents), LTIII— 60 years old Lithuanian population data taken from Urnikyte et al. 2019¹.

Another point of view of this study's whole-genome analysis of microevolutionary processes was an analysis of the relative ftness turnover between two generations. Relative ftness shows how much ftness on a genotype has been compared to the maximum ftness, and so whether it will increase or decrease. Here, the relative ftness is a function not only of the individual, but also of all the generations in which they have been measured, and the relative ftness will change as the gene variant frequencies in the population change. Concerning the ftness of various sequence changes, not at the same speed as evolution occurs, the microevolution in the generations is an attempt to keep the most positive functional efect of each genomic variant in an ever-morphing landscap[e15](#page-7-14). During this study, the aim was to fnd out how genomic and environmental elements determine the diferences in relative ftness landscapes between generations, and in which direction the allele frequency changes from generation to generation in the Lithuanian genome. This study showed that going through all the landscapes of the relative ftness on each chromosome, the general relative ftness background pattern remains the same in both generations. However, the tendency of relative ftness to decrease, in general, is noted. We hypothesize that the de novo genome variants or genome variants with a very low frequency that formed in the previous generation did not have time to be as afected by natural selection, thus, in the following generation, the force of natural selection acting on them is greater and their cumulative relative fitness also decreases. Therefore, during the process of microevolution, the genome variants that are not adaptive enough are pushed out through time. Of course, we cannot claim that genomic variants will certainly be removed. On contrary, considering the efects of spatial variation^{[12,](#page-7-11)16} in fitness and the fact that selection over many generations is a multiplicative process¹⁷, the genomic variant can become adaptive afer all.

Surely, the comparison of relative ftness between the generations distinguished some specifc genomic regions. Tose genomic variants are necessary for the correct cellular signal transfer processes, DNA synthesis, and replication. In summary, the relative ftness decreased in the genes for which a mutation could signifcantly increase the risk of disrupting an important molecular process. A detailed description of gene functions is presented in Table S3. For example, the genomic variants in *ZNF622*, *PRLR* with decreased relative ftness show how important it is to protect an individual's genome and to decrease variant rates in the genome: in the case of a *ZNF622* gene, if a mutation would be fxed in the genome, there would be a risk of having an imbalance between the reactive oxygen species and the antioxidant defense system. While it is known that oxidative stress is involved in most of the pathological states and diseases¹⁸, in the case of a *PRLR*, a fixed and potentially pathogenic genomic variant could disturb the modulation of the endocrine and autocrine efects of prolactin in normal tissue and

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Distribution of the relative fitness of genome variants Comparition between first and second generation

Figure 2. The part of the overlapping landscapes of relative fitness on chromosome 5. Green dots represent the values of relative fitness in the 2nd generation (LTII), and blue, in the 1st generation (LTI). The tendency for relative ftness to decrease is noted due to the higher density of the negative relative ftness values in the scale from − 20 and below.

cancer[19,](#page-7-18) in the cases of *RP3* and *RP1*, it would disturb the structure or function of a protein that localizes to the outer segments of rod photoreceptors, and that is essential for their viability, mutations in this gene cause autosomal dominant *retinitis pigmentosa*. However, there was also an increase in the relative ftness detected in the genomic region, with the *TTC8* gene, whose mutations are also associated with *retinitis pigmentosa*. Terefore, this confrms what we have mentioned earlier, that in the general population, through microevolution, a cumulative relative ftness of genomic variants varies enough to maintain relative ftness equilibrium.

According to the data analysis results, regardless of the whole-genome analysis method—selection pressure analysis based on SNPs or relative ftness analysis on each identifed genomic variant, a few genomic regions where *NEGR1* and *PTPN1/PTNP21* genes are placed, coincided. NEGR1 acts on the positive regulation of neuron projection development, and *PTPN1/PTNP21* codes PTPs that are known to be signaling molecules that regulate a variety of cellular processes, including cell growth, diferentiation, mitotic cycle, and oncogenic transformation. The strong pressure of natural selection on these regions highlights the development of the genome of the Lithuanian population over generations, and possible genomic "deficiencies" for better adaptability. Since the relative ftness in the overlapping regions is not unambiguous—in the genome region where the *NEGR1* gene was identifed, the relative ftness decreased, and in the case of *PTNP21*, it increased, this led to the conclusion

Table 3. Genomic regions were selected, with significantly altered values of relative fitness between 2 generations in the Lithuanian population.

that due to the reproducibility and complementarity of the results, both of the analysis methods used in this study are suitable for monitoring microevolutionary processes.

There are some limitations to this study. Because of the hypothesis-driven nature of this study, the sample size is relatively small due to economical limitations. In addition, more generations need to be included, which is impossible due to the human species. Despite all limitations, we have identifed the candidate regions for selection in diferent Lithuanian generations, and the adaptive alleles that need to be validated.

In summary, in this study, we have shown that current macroevolutionary models may fail to distinguish between different microevolutionary scenarios. Therefore, establishing causal relationships between ecological factors and macroevolutionary rates or patterns requires rigorous evaluations. Future studies that incorporate microevolutionary processes into the current modeling approaches are needed.

Materials and methods

Sampling and DNA sequencing. We applied the SNP data of 25 trios from Lithuania (25 newborns, 25 mothers, and 25 fathers) obtained by WGS. Inclusion criteria, DNA extraction, WGS data processing were described previously²⁰. All participants and their LAR/ parents provided informed consent. All experiments were performed in accordance with the Declaration of Helsinki, and all research methods were carried out in accordance with appropriate regulations and guidelines.

Positive selection analysis. To detect recent signals of positive selection, our original genome sequencing data were merged with the data downloaded from the 1000 Genomes Project Phase3 dataset (gs://genomicspublic-data/1000-genomes-phase-3, access in 2022 2022 ²¹. Data merging was performed with bcftools²² merge tool. SNP with $>$ 20% missing data (max-missing) and SNPs with minor allele frequency (MAF) < 0.01 (minor allele frequency) were excluded. Afer merging we were lef with 1,443,372 common SNPs. Haplotypes for the analysis were constructed with SHAPEIT2^{[23](#page-7-22)}. The signatures of recent or ongoing positive selection were investigated using the locus fixation index $(F_{ST})^{24}$ $(F_{ST})^{24}$ $(F_{ST})^{24}$ and the cross-population extended haplotype homozygosity (XP-EHH)^{[25](#page-7-24)}. Both statistics were computed between the Lithuanian samples (generation I (LTI), newborns, and generation II (LTII), parents), and reference populations: related individuals, 99 Utah residents with Northern and Western European ancestries (CEU), 99 Finnish from Finland (FIN), and distant: 108 Yoruba from Ibadan (YRI)). Te data of the generation III, 60 years old, Lithuanians were obtained from Urnikyte et al. 2019¹. XP-EHH was run using selscan v1.2.0a^{[26](#page-7-25)}, and *F_{ST}* values were calculated with vcftools v.0.1.13^{[27](#page-7-26)}. For each comparison, an XP-EHH per SNP was obtained, and XP-EHH values of > 2 were considered as being indicative of selection. The SNPs located in the top 0.1% of the XP-EHH empirical distribution were considered as being signifcant ones. Signifcant regions were formed by combining signifcant SNPs that were less than 200 kb apart. We were interested only in those signals detected in the Lithuanian population samples. In each comparison, we considered as the top candidates for recent selection those genomic regions presenting at least two SNPs over the top 0.1% XP-EHH empirical values, and a minimum of one SNP with an F_{ST} rank score *p*-value of < 0.01.

The older signals of selection were inferred through Tajima's D statistic²⁸, and a calculation with the PopGenom[e29](#page-7-28) package implemented in R v. 4.3.0 considering 100 kb sliding-window size and moving step of 10 kb²⁹. Negative Tajima´s D values were identified considering the ranc of the score in the genomic distribution. For further analysis values with empirical p-value < 0.01 were used. P-values of all statistics were calculated using the rank of a score in the genomic distribution as described in Pybus M. et al. 2014^{30} 2014^{30} 2014^{30} . The regions under selection were annotated with ANNOVAR³¹ using GRCh37 (hg19), dbSNP151³², RefSeqGene, and CADD (Combined Annotation Dependent Depletion), version 1.347^{33} . The enrichment of biological processes in selected genes was tested using DAVID (Database for Annotation, Visualization, and Integrated Discovery)³⁴ and Reactome v.3.[735](#page-8-3). Linkage disequilibrium between SNPs were measured using plink v.1.07 the command –ld. Manhattan plots and a venn diagram were created with R v. 4.3.0.

Structure of the relative fitness analysis. For relative fitness analysis, three groups of the general population without any additional health issues were analyzed. The third group consisted of the general European population (CEU, FIN, and YRI) for which data were derived from the 1000 Genomes Project Phase3 dataset^{[21](#page-7-20)}. This group was used as a reference generation no. 3 in this study (RIII). The second group was formed of adult individuals of Lithuanian origin $(LTH)^{20}$. The first group of subjects are full-term healthy newborns from the general Lithuanian population, born in 2019–2020 (LTI).

Given the abundance of the identifed variants for each group, all variants were grouped according to the genomic coordinates on the chromosomes. The calculation of relative fitness values was performed for the second and third generations in the study, comparing the frequency of each identifed variant with the frequency of genomic variants in the "reference" frst generation, regardless of its mechanism of formation. If the genomic variant that was identifed in the second or third generation was not found in the "reference" frst generation, then its frequency in the "reference" generation was considered to be the frequency of a single de novo mutation (1×10^{-8}) . The frequency of the genomic variant in the next generation is

$$
q_1{}^2 = q_0{}^2 \frac{1-S}{1-Sq_0^2},
$$

where q_1^2 is the frequency of the genomic variant in the second or third generation, q_0^2 is the genomic variant frequency in the "reference" frst generation, and S is the strength of natural selection.

Additionally, from the genome sequencing data, we know the frequency of the genomic variants, and the strength of the natural selection that occurs through the generations is defned as follows:

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$$
S = \frac{q_0^2 - q_1^2}{q_0^2 - q_0 q_1^2}.
$$

With the calculated value of natural selection, the relative ftness was calculated as follows:

$$
RF_w = \frac{1-S}{1-Sq_0^2},
$$

where RF_w is the relative fitness for each (w) identified genomic variant.

Visual Studio 2017 and C# language were used to write the calculation sofware, and a graphical presentation and analysis of the results was performed using the Rcmdr and *ggplot* packages³⁶.

Ethics approval and consent to participate. This study was approved by the Vilnius Regional Research Ethics Committee, No. 2020/6-1243-724, date: 22-06-2022. All participants and their LAR/ parents provided informed consent.

Data availability

The datasets analysed during the current study are available in the Figshare repository, doi: [https://doi.org/10.](https://doi.org/10.6084/m9.figshare.22952774) [6084/m9.fgshare.22952774](https://doi.org/10.6084/m9.figshare.22952774).

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Author contributions

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Competing interests

The authors declare no competing interests.

Additional information

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Correspondence and requests for materials should be addressed to L.P. or A.U.

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