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> > Master's Thesis

Hydraulic Calcium Silicate-Based Materials for Root Canal Obturation and Management of Endodontics Complications



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## <u>Abstract</u>

Objective: This review aims to the address Hydraulic Calcium Silicase-Based Materials for Root Canal Obturation and its management in Endodondotics and any addressing any complications that may arise with these materials.

Methods: Narrative Literarture Review. Sources were acquired using the platform Google Scholar as well as PubMed in order to produce this narrative literature review.

Results: A large number of articles and publications were acquired and used through the platform Google Scholar and PubMed. These sources were grouped together in order to provide a conclusion and a narrative review on the topic.

Conclusion: Considering that HCSB sealers are becoming increasingly popular with dental practitioners, I would gladly recommend HCSB Sealers with the presence of moisture within the dentinal tubules as well as the chemical reaction of hydraulic calcium silicate causing the crystallization of calcium hydroxide, thus helping to achieve a hermetic seal of the root canal and prevents bacterial influx and disease progression, as well as ease in clinical application. Moreover, I would also be suggest to wrap the sealers in cold or warm cloth while in clinical use.

**Key words**: Hydraulic Calcium Based Root Canal Sealers, Obturation of Root Canals, Root Canal Treatments, Calcium Silicate based Sealers.

## 1. Introduction

Endodontics has seen a dramatic increase in the demand for new and improved treatments and materials. There are many applications for biomaterials in endodontics, including the prevention of tooth decay, apexification treatment, and root canal fillings. Biomaterials are now being produced to connect with increasingly complicated biological systems. In order to stop the survival of microorganisms that stimulate the regeneration of apical tissue and eliminate the possibility of a residual infection, the root canal system has to be filled and obturated.

It is the purpose of this narrative review to explore the characteristics and therapeutic consequences of Hydraulic Calcium Silicate Based Sealers and to provide sensible indications for their use based on current information available on the market.

Hydraulic calcium silicate-based sealers (HCSB) has rapidly become a topic of huge interest in terms of root canal obturation materials in the last decade, offering itself as a good alternative material for root canal obturation [1]. They have important advantages compared to epoxy resin-based sealers used with GP-Cone for canal obturation. The bioactivity deficiency of epoxy resin-based sealers such as AH Plus (Dentsply Sirona, Konstanz, Germany) has made them a common choice for cold and warm root canal obturation [2]. After the set time, epoxy resin-based sealers are biocompatible and exhibit moderate toxicity [1]. The toxicity of the sealant may be exhibited if the sealer makes its way into the mandibular nerve pathway. In which case, it usually does not create any severe reaction in the periapical muscles [1,3,4]. Thus, the introduction of root canal sealers based of Hydraulic Calcium Based Silicate Sealers were brought into the market in order to allow the successful obturation and sealing of root canals, specifically in narrow canals or large, ovoid and irregular shaped canals as well as open apexes.

## 2.1 Literature Search Methodology

A rather detailed and thorough literature research was conducted in order to identify the studies related to our field of interest using PubMed, Google Scholar as well as the portal Web of Science. The filter for the date of publication of the studies was set from January First, 2010 up until April 15 of 2023. However, it should be noted that most studies selected for this research were from 2016 and on wards. The search strategy that was selected to find all relevant information as well as studies was to search the keywords: Hydraulic Calcium Based Root Canal Sealers, Obturation of Root Canals, Root Canal Treatments, Calcium Silicate based Sealers, Clinical Advantages of Hydraulic Calcium Silicate Materials, Irrigation Protocol for Hydraulic Calcium-Silicate Based Sealers, Hydraulic Calcium Silicate Based Sealers, Retreability of HCSBs. The list of sources of included studies and articles and all published research reviews were also searched for relevant information regarding this narrative review. Moreover, clinical studies and trials were also investigated for their results. All studies that were conducted on non-human teeth were specifically excluded.

# 2.2 Clinical Advantages and Importance of Hydraulic Calcium Silicate-Based Materials

HCSB cements (eg MTA [ProRoot MTA, Dentsply Tulsa Dental Specialties, Tulsa, OK, USA] or Biodentine [Septodont, St Maur-des-Fossés, France]) are already being used in most

clinical applications because of its environmental compatibility, bioactivity performance, and outstanding sealing qualities [2]. Among its many applications are the retrograde root canal obturation after apical surgery, the correction of furcal perforations, the opening of apices, and pulp capping. Regardless of how cement is utilized in root obturation, root canal obturation/filling can lead to better outcomes. A root canal filled with solid cement, on the other hand, has numerous drawbacks [4]. It is extremely difficult to obtain adequate root obturation with cement in narrow or curved root canals. HCSB cement hardness and fast setting times make it nearly impossible to make adjustments or manipulations of the material whilst working in the canals.

There has been an introduction of two forms of the HCSB sealers into the market: The first is a premixed one-component material. The second being a two component material. While the alternatives consist of both water & powder, which are mixed before the insertion into the canal to initiate the setting reaction. The completion of the setting of the material is further dependent on external fluid supplied from the surrounding tissues to ensure the full setting of the material. From a chemical perspective, both material groups are composed of both diand tricalcium silicates and have the same setting reactions and resulting biological qualities. The most common commercial products in the market are both iRoot SP (Innovative BioCeramix, Vancouver, Canada) and the identically designed products Total Fill BC Sealer (FKG Dentaire, La Chaux-des-Fonds, Switzerland) and EndoSequence BC Sealer (Brasseler USA, Savannah, GA, USA), all of them premixed formulations, and the two-component sealer BioRoot RCS (Septodont).

An inhomogeneous sealed root canal that does not reach the full working length might later lead to a re-infection of the tooth. As a result, it is important to thus select a material that can help achieve a homogeneous sealed root canal that reaches the full working length with good biocompatibility, specifically in this case it being the HCSB. Failing to achieve this on the other hand, will lead to symptomatic pain and reinfection. In this case, your endodontist will then need to reaccess the canal performing an Endodontic retreatment. Therefore, it is expected to achieve a near perfect Endodontically Sealed Canal in one visit to thus avoid the need for a revisit. When the seal of the canal is compromised, germs can re-enter the canal causing further tooth decay [7].

## **2.3 Resin-Based Sealers**

Sources were acquired using the platform Google Scholar in order to provide sufficient reliable literature material regarding Resin Based Sealers.

An untreated RC most often leads to a failure of basic endodontic therapy, so access to all locations in the root canal system is necessary for a successful Endodontic treatment. Endodontic obturation performed with gutta-percha (GP) cones and a sealer applied to the canal walls, according to current best practices, should prevent the leakage of bacteria and fluid into the periapical tissue. The cone obturation material is enhanced by the use of sealers [23]. Endodontics currently use a wide scheme of sealers. These sealers include the likes of Zinc oxide & Eugenol, Calcium Hydroxide, Non-Eugenol-, Glass Ionomer-, Resin-, Silicone-, and Calcium Silicate-based sealers (CSBS) which can be chemically divided [24]. There is a rather long history in term of the usage of resin based sealers as they have the advantage of having good adherence properties and don't have any Eugenol.

## 2.4 The Introduction Of Hydraulic Calcium Silicate-Based Materials into the Market

It wasn't only until much later that the introduction of Calcium Silicate based compounds were launched into the Dental Market as a Root Canal Sealant. Alumina and zirconia, calcium silicates, hydroxyapatite, and calcium phosphates can all be found in calcium silicate materials. It was the first time in Dentistry that a powder and a liquid were combined in a single CSBS: BioRootTM RCS [23]. Zirconium dioxide (ZrO2) is a component of the powder, as is tricalcium silicate (TCS). Calcium chloride and polycarboxylate are both present in the solution. Alkalizing activity, calcium ion release, apatite potential, bioactivity, solid tissue development, and dental tubule penetration were all recorded in the BioRoot RCS.

Tricalcium silicate-based root canal fillings recently are among the most popular endodontic materials. Physicochemical and biological qualities are the key advantages of these materials. An alkaline pH and strong calcium ion release are both characteristics of these materials, as is enough flow for endodontic usage [28]. They can be termed biological if they have some ability to induce the creation of solid tissues in both the pulp and bone tissues; this supports new treatment approaches to dental regeneration, crucial pulp therapy, and bone regeneration. Endodontic cells' alkalinity and calcium ion release have previously been ascribed to their

antibacterial capabilities. Despite the fact that chemical preparation, irrigation, and intracanal therapy can significantly reduce germs, the presence of bacteria in the dental and cementum tubes after treatment is still possible, in large part because of the anatomical peculiarities of the roots [29]. When there is pulp necrosis or apical periodontitis, an object with a certain antibacterial activity may assist minimize or prevent the proliferation of leftover microorganisms.

Experiments including agar diffusion testing and direct contact testing have been used to examine the antibacterial activity of endodontic compounds in vitro [30]. Preventive benefits of endodontic cement may change according on the construction, test technique, and time selected. Endodontic cement and root filling materials have long been evaluated for their antibacterial properties using direct contact tests. Analyses of soluble materials and standard setups have been shown in the quantitative testing.

## 2.5 The Irrigation-Disinfection Protocol for Hydraulic Calcium-Silicate Based Sealers

The importance of the irrigation protocol is rather very important in terms of the ability of the sealant and its adaptation to the dentine in the RC of the tooth. It should be noted that the irrigation agent, EDTA, prior to the RC obturation showed a decrease in the bond strength of the material BioRoot RCS [41]. Thus, it was then presumed that strong irrigating agent that remained in the dentine of the root may then have a reaction with Calcium ions that were to be found in the sealer and therefore it may alter the formation of the so called 'mineral infiltration zone' which is one of the biggest bonding mechanisms of Hydraulic Calcium Sillicate Based sealers to Dentine [42]. The opposite affect giving an increase the strength of the bond was seen when CHX was used as the final agent of irrigation [43]. In another study [44], there were no noticeable differences for Endosequence BC Sealer when various final irrigation agent such as CHX, EDTA as well as Sodium Hypochlorite were being used. Alternatively [45], another studies' result further indicated the bond strength being increased when iRoot SP was used with EDTA as an irrigation agent.

Furthermore, in terms of the heterogeneous information in the afore mentioned paragraph, there has not been any promotion in the use of HCSB Sealers & irrigant solutions. This is due to HCSB RC Sealers needing water in order to initiate the setting reaction. It also further important to note that amount of moisture and the dryness in the RC also has a substantial impact on the condition in obturation of the RC. This is quite clear for both premixed HCSB

sealers as well as the ones that come in two parts also known 'two component'. Reapplying any sort of moisture into the RC before initiating the obturation procedure was seen to improve the strength of the bond to RC Dentine when using iRoot SP as well as Endosequence BC Sealer [46,47,48]. We are to thus declare that the existence of any sort of moisture or water in the RC may speed up the setting reaction of HCSB sealers, in the premixed form, in the initial phase.

Moreover, after the duration of 42 days, relative bond strength was discovered in canals that were previously in dry conditions when the roots were stored in phosphate buffered saline solution [49]. It was noted and discovered that if you were to use Phosphate buffered saline solution before initiating the obturation procedure empowered the strength of the bond with EndoSequence BC Sealer [49]. Due to the amount of moisture inside the RC being of evident importance for a treatment to be considered successful when using the Premixed HCSB sealers. Thus, drying agents such as Ethanol and others should be avoided in terms of it being the final irrigating solution with HCSB Sealers [48].

Finally, it is commonly known that the dressing of the RC may impact the quality of the RC Obutration. Generally speaking, intercanal medicamentss can't be fully eliminated [50], and the interference then is very likely with RC Sealer. There are however inconsistent reports on iRoot SP creating an concerning intervention with intercanal medicaments. Decreasing as well as decreasing bond strengths [51,52] to the RC Dentine as well not making any changes [53] were reported after the usage of the temporary canal dressing known as Calcium Hydroxide. The pentetration depth of the dentinal tubules with Bioroot RCS were decreased when the dressing Calcium Hydroxide was used prior to the obturation of the RC Canals[54].

# 2.6 Hydraulic Calcium Silicate Based Sealers & Cold Root Canal Obturation Technique

It is determined that the first phase reaction of the premixed HCSB sealers is accelerated by the presence of water in the root canal. Roots placed in phosphate-buffered saline for six weeks had equal binding strength to those stored in dry canals. Additionally, the bond strength of EndoSequence BC Sealer was increased by moisturizing and drying the root canal prior to placement. Dry substances such as ethanol should not be used as final irrigation solutions when using HCSB sealing since the humidity level is crucial for the setting and efficient treatment with a mixed HCSB [10,11]. The quality of a root canal obturation is also known to be affected by the wearing of the root canal. Root canal wear may occur in the case

that the sealant did not reach the narrow parts of the canal or the curved parts that were left untreated. Root canal sealers can be affected by intracanal medicines which cannot be eliminated. Disparity exists in the iRoot SP reports on intracanal medication interference. After temporarily sealing/filling the canal with calcium hydroxide there were increases in bond strength and decreases in its adhesion ability with dentine. [11]. When calcium hydroxide is used as a temporary dressing before obturation, the dentinal tubules penetration depth of BioRoot RCS decreases [12].

Hydraulic Calcium Silicate-Based Sealers were in partciullary designed and curated for a cold based obturation technique with either lateral compaction or the single cone technique. Moreover, in the single cone technique, the GP point is meant to be combined with an X amount of sealer to ensure a tight hermetic seal of the entire RC-System. Thus, due to having a high proportion of sealer in the root canal, the filling was therefore considered to have a major disadvantage in the single cone obturation technique. This is due to the shrinking factors, of the more or less common sealers available on the market such as ZOE-Sealers[12], durig the setting reaction of the material, ensuring that the maximum possible proportion of the core materials like the GP was regarded as the main factor for a successful root canal obturation. Any higher amounts in the proportion of the sealer may then result in a micro-leakage and therefore potentially a bacterial penetration due to the shrinkage, as well as the solubility and the washout which in turn will compromise the success of the RCT [13].

Therefore, the cold lateral compaction technique or alternatively the warm vertical compaction technique was suggested for the conventional and traditional sealers to thus, increase the proportion of the cone materials in the filling of the root canal.

Engine Driven RC instrumentation with tapered Ni-Ti instruments is required prior to and for single-cone obturation. Only instruments with a Ni-Ti system enables the insertion of a harmonic matching GP cone into the RC while also giving a guarantee to sufficient instrumentation as well as the disinfection of the root canal. Generally speaking, a constant tapered engine driven instrument seems to offer a better suit for the single cone obturation method than other variable tapered instrumentations [14].

Moreover, a manual RC instrumentation is also not considered suitable for the single cone obturation method. Furthermore, the properties of the sealer HCSB has allowed for a shift in terms of its usage in daily Endodontics. They are chemically and dimensionally stable under humid conditions which thus allows for a higher proportion of the sealer in the RC-System

[15]. Although, factually a high proportion of the HCSB sealer may perhaps even improve the outcome of the obturation of the canals. It has an outstanding biocommpatibility and bioactivity resulting in the setting reaction of the sealant. This setting reaction of the HCSB sealer leads to the formation of a Calcium Hydroxide coat which is known to induce and promote a biological healing process [17].

Additionally, after the precipitation reaction, the emergence of a Calcium Hydroxapatite coat layer was formed which was in contact with adjacent fluids from the soft tissues. Thus, this Calcium Hydroxyapatite coat can not cause any reaction thats considered to be of a foreign body [17]. Due to this, the the HCSB Sealer is considered to be a biocompatible material, so that when in the case that canal is overfilled and there is an extrusion of the material into the periapical region of the tooth, then there will not be any foreign reaction and is considered safe.

#### **<u>2.7 Impact on the Sealers Solubility</u>**

The solubility of certain cements can be asessed in several ways. Most commonly it can be measured by the change in mass after water submersion in various time intervals and it also enables to the assess water sorption [55]. Furthermore, in terms of HCSBs, their solubility was measured in the range of 1.2% up to 37.6% after one day in water submersion [56,57,58,59]. This provides us with a wide range of information and values that may be difficult to correspond with the behaviour and properties of these sealers. The inconsistency can be accredited to the variations in the conditions of testing whilsts following various guidelines [60,61]. A significant factor to note is the time in between mixing the seales as well as the submersion in the storage solution. In different studie, the sealers were submerged after 150% of their allocated setting time [56,59] verus the 300% of the setting time [57]. While others used a constant set duration of one day [58] or two days [63] after mixing. Thus giving us a noticeable result that the solubility values were inversely correlated to the duration in between submersion and the mixing.

Furthermore, the formation of a Calcium Hydroxidecoat gives it antibacterial properties [17]. The fact that HCSB has a rather small amount of solubility as well gives it a further advantage in terms of its antibacterial properties as it prolongs its effect and capacity. However, it should be noted that the solubility of this sealer musts be balanced with its sealing ability in the long term [17].

With present information and data available today regarding the impact towards the sealers solubility and its outcomes in clinics are lacking. However, nevertheless as the objective of sealers in obturation of root canal system evolve from simply ensuring a bacterial tight seal to now performing antibacterial and bioactive tasks and remedies. Thus it can now be assumed that the presence of a rather high amount of sealer in the single cone obturation method may somewhat be beneficial. Whilst having said this, it should further be noted that there are no long term clinical trials that affirm that assumption [16]. The only clinical finding was reported when using BioRoot RCS with a single cone technique with a revavluation period of 12 months. The succes rate measured in this trial was of 90%. In the same study AH + was combined with warm vertical compaction technique and achieved a 89% success rate compared to the 90% from BioRoot RCS [18].

### 2.8 Hydraulic Calcium Silicate Based Sealers & Warm Obturation Techniques

The majority of the available HCSB sealers available commercially are suggested for cold obturation techniques. The majority of sealers are not approved by their developers for the warm obturation technique due to the increased temperatures that can interfere with the water content in the sealer that can be removed due to the increased temperature which in turn affects the overall property of the material. The water loss causes an irreversible change in the composition of the material [20]. In a clinical study it was reported that irreversible changes were noticed in the chemical composition of the material after heating the BioRoot RCS to a temperature of 100 degrees celsius [20]. Whereas, for the material iRoot SP, reversible changes were discovered after heating the material to a temperature above 125 degrees celsius [41]. Alternatively, in a different study both the chemical and physical properties of iRoot SP remained unaffected and unchanged when the temperatures were increased [21]. The conclusion of this point is that there are too many inconsisties in this study due to many variables such as the mode of heat and the duration that can not be adequately controlled resulting in a variable conclusion of effect of thermal heat on the sealers. Moreover, the intercanal temperatures and their heating time frames should be noted for us to adequately investigate the effect of the applying heat towards the sealers in the warm vertical compaction technique [22]. To finalize, the information on the affect of temperatures and heating time frames on HCSB sealers is rather scarce as the majority of the HCSB sealers were designed for the cold root canal obturation method [22].

There is one product on the market named 'EndoSequence BC Sealer HiFlow' which is alternatively recommended for thermoplastic obturation of the root canal system. The instructions of the developers state that it advised to only be used with corresponding GP that has a low melting point. In a case study regarding this particular sealer, its physical and chemical properties were not altered by increased temperature applications [20]. Moreover, in terms of its clinical properties, its flow, thickness, as well as setting time remained unaffected by the application of increased temperatures. Relavently, this raises the question of whether this sealant can be safely and successfully used for warm obturation.

According to an analytical study conducted, the obturation technique regardless of it being warm vertical compaction or cold lateral compaction, the results concluded that there was no major impact on the outcome of the treatment when it comes to its success rate or any post-op complications. However, as expected, the warm vertical obturation technique led to a higher rate of apical extrusion of the sealer. This however, still does not affect the outcome of the HCSB sealers as although some material may be extruded the material still holds excellent biocompatibility [19]. Thus, this can furthermore be seen as an advantage for the materials use compared to other main stream sealers on the market. This statement is further backedup by a clinical case in which Endosequence BC Sealer being extruded into the periapical region had no affect on the success rate of clinical trials.

Finally, for us to to make a firm conclusion we would need more studies that show the long term success which are currently not available. However, HCSB sealers have now evolved as a stable and safe option against epoxy resin based sealers due to showing favorable outcomes in clinical studies over the past ten years. In one particular case which reported a success rate of 90.9%, which is considered to be very high, for the single cone RC Filling using the EndoSequence BC Sealer with an approximate of a followup after one year and three months [22]. The perspective on the proportional percentage of materials in the RC Obutration have now changed. The cold method with higher proportional percentage of sealer has grown to be a favourable option as they work rather well with the properties of HCSB Sealers. During any typical RC treatment, the use of irrigation solutions and intercanal medicaments need to subjectively cross checked with the class of selected RC sealer [17]. The warm technique is therefore only suggest that all premixed HCSB sealers could potentially be suitable for the warm technique [12]. Although, it is still an open question on whether the cold or warm technique is considered to be better for such sealers.

### 2.9 Discoloration Potential of Hydraulic Calcium Silicate Based Materials

Preparations for endodontic treatment have been widely employed since their invention in the 1990s with the first generation of mineral trioxide aggregate (MTA), which is mostly made of calcium and silicate elements. ProRoot MTA was the first commercially available product that was based on the invention of MTA for Endodontic purposes [31]. In it's initial release, the product was not white and was not visually appealing for Dental Practice. As a result of this, further research was required for the material to repurpose its clinical qualities and visual appeal for the end user, the patient. Thus, white cement was proposed for a new patent on July 25, 2002, because of its visual appeal.

Therefore, to begin producing white ProRoot MTA, the concentration of iron oxide was reduced during the creation of ProRoot MTA, resulting in gray matter. However, the radiopacifying agent based in bismuth oxide was not altered during the production of this new white cement. Gray MTA Angelus was renamed Angelus white MTA, and iron oxide concentration in its powder was lowered, but bismuth oxide was retained as a radiopacifier agent. MTA Angelus' radiopacifier's second formula was altered from bismuth oxide to calcium tungstate around the year 2017. Studies in the last few years, however, have revealed new theories on what causes tooth discoloration: bismuth oxide's interaction with collagen in dental tissues, as well as the irrigation solution used during endodontic root canal therapy [32]. Proroot MTA was initially claimed to be a calcium phosphate-based cement, but it was identified as a hydraulic calcium silicate in 2005 upon further research and development.

## 2.10 Bioactivity and Antimicrobial Properties of HCSB Sealers

To further understand the effectiveness of this sealer we need to understand its bioactivity, their possible antibacterial qualities, alkaline pH and why because of these factors that calcium-based silicate-based materials have become increasingly popular in Endodontics [4]. Cellular division in teeth and periodontal tissue is ideal when these chemicals are deployed because they release calcium and hydroxocation ions from surrounding tissues [38]. Pulp revascularization, caries or perforated perforations, internal and external root resorption treatment, pulp capping and retrograde filling in endodontic surgery are only a few applications for these materials currently being utilized widely in dental clinics, it's use is not just limited to Endodontics [39]. To destroy lipids, proteins, and DNA in microbes that in the teeth, the endodontic agents' antimicrobial ability is strongly linked to their interactions, possible alkaline pH, and hydroxyl release. Besides the alkaline pH induced by the hydroxyl

ions, the presence of calcium in these substances limits the presence of carbon dioxide in the tissues, which is a chemical required by anaerobic bacteria, as well as the availability of calcium helps in healing any damaged tissue.

When we are investigating the Biomaterial and Chemical composition of Reperative Endodontic materials, we also need to look at their crystalline phases as they are crucial to their physicochemical and antibacterial capabilities. It is also important to note that before the hydration process, the particle size of the powder is quite variable depending on the substance and may be easier to mix and manage depending on its size. Assuming the smear layer and debris are removed prior to the filling, the presence of tiny particles may have a significant impact on the sealing capacity and capability in filling the canals [35]. The use of nano-hydroxyapatite, which has antibacterial activity specifically against Streptococcus and Enterococcus faecalis, was an attempt to include an additional antimicrobial approach. However, predicting the clinical behavior of a new drug requires examining it in a variety of environments both in aerobic and anaerobic settings.

To examine soluble materials, such as endodontic regeneration chemicals, over Agar plates appears to be inappropriate when halos of solubility are identified (Haloalkanes). Previous studies have found similar results when examining hydraulic endodontic substances associated with agar; other studies using alternative methods such as confocal microscopy in contact with dentin and mature biofilm also concluded that pre-existing local anesthesia is important and mandatory in anticipation of a PO [37]. The antibacterial activity of ProRoot MTA in water was higher than in blood, and it showed a considerable decline in antimicrobial activity after seven days, indicating that different final techniques of antimicrobial testing can yield different results.

Antimicrobial testing has a significant role to play in the advancement of microbial material research. At least three test templates and three test metrics are required for each object or group, and they must be carried out by the same operator under the same laboratory conditions. Preliminary antimicrobial testing should take into account the type of material utilized, its chemical specifications, a sufficient sample size, and the method of sterilization. For evaluating chemicals based on hydraulic endodontic calcium silicate, there is currently no formal ISO standard in place to date [36]. Endodontic reactions have been shown to have a high antibacterial impact, which suggests that application locations should be cleansed early in the therapeutic usage of these chemicals because the materials do not have strong antimicrobial characteristics. There is also a need for additional research using repetitive and

conventional methodologies [38]. Endodontic characteristics can only be better understood and improved by long-term clinical investigations that examine both success rates and root causes of failure.

Long-term antibacterial difficulties are possible after endodontic operations. The fact that calcium silicate-based endodontic materials have a lower antibacterial action by themselves undermines the importance of meticulously performing all clinical procedures prior to use in order to disinfect dental tissue completely [39]. Infection and the interaction of bodily fluids may lead to the failure of these substances' antibacterial or anti-inflammatory effects; therefore, it is unlikely that their qualities (i.e. alkaline pH) will gain from the reduction of germs. Because of this, future in vitro investigations of endodontic cement should use bigger estimations of the antimicrobial analysis method [40]. Endodontic disease-related polymicrobial biofilms and the inclusion of novel chemicals and compounds to strengthen the antimicrobial impact on calcium silicate-based substances should be evaluated in new investigations [32].

## 2.11 Retreability of CSBS Within Endodontics

If the infection in the root system continues after primary endodontic treatment, failure is possible. Since there was a previous filling in the root canal, it must be properly cleaned and disinfected during this second treatment. Periapical healing is also improved by repeated patency in these situations. The use of CSBS in endodontics has increased recently; however, the information available on the removal of these root fillers successfully is uneven. CSBS are famously known to be hard during the setting period [64] as well as creating hydroxyapatite crystals during their reaction with dentin [65]. Moreover, they are also able to penerate into the dentinal tubule. These properties can impact the retreatment procedure causing further difficultiess [66]. A new bioactive ingredient (BioRootTM RCS) was tested in this study to see if it could be as effective as a more regularly used resin-based sealer (AH Plus) [27]. In most trials on root canal sealers, samples were taken during the past one to four weeks, and samples were kept for as long as six months before testing. In some cases, patients may require further treatment for months or even years following their initial clinical treatment. As a result, prior to re-treatment in this investigation, half of the CSBS-filled templates were held for one month and the other half for 12 months. It is believed that this is the first time that CSBS output has been detected during long-term storage. However, a 12-month washout of a bioactive hydraulic sealer was found in this investigation, which may have some clinical consequences.

In a particular case study, permanent teeth were used since their roots are fully formed, with regular protocol was chosen to reduce sample bias. During this study, we were able to focus on BioRootTM RCS versus AH Plus, the period required for CSBS recovery, and reaching the working length (WL vs WL-1) [2]. For GP removal, rotating NiTi devices have been recommended by experts. A number of studies have shown their effectiveness, cleaning capabilities, and safety. Extraction of GP was first performed using Protaper Universal Re-Treatment, then samples were mixed with solvent for a minute before being analyzed. When no residue was seen in the 4.5 magnification tools or confirmed by an intraoral periapical radiograph, the retreatment process was deemed complete [4]. However, a more thorough examination of all samples indicated that neither group had completely removed the filler substance.

According to these findings, WL implementation and removing debris from files could not be guarranteed. According to other studies, these findings should be taken into account when planning clinical Endondontic retreatments. In order to examine a three-dimensional structure using a two-dimensional image, the roots were separated into two halves and the root filling was taken on SM and analyzed with Image J software [36]. An additional safeguard against bias was the use of an examiner who had no idea which images had come from which treatment group. RFM values post retardation have been assessed in several investigations using optical microscope examination and digital sampling of samples using Image J software.

Micro-computed tomography (MCT) has been used to assess the removal of RFM in various studies, a non-destructive imaging procedure that provides precise three-dimensional models and enables the investigation of prior canal filling materials. [40]. In line with prior research [11], we found that shutting novel bioactive hydraulic sealers did not completely block the apical location.

Root perforation is one of the most common iatrogenic issues that might arise after root therapy or treatments. According to research, implantation and endodontic therapy treatments account for 53% and 47% of all holes, respectively. The proper management of their operation relies heavily on the closure of the perforated area [15]. When it comes to successful perforation correction or healing rates, the "experience of medical professionals" and the utilization of biocompatible substances such as MTA are crucial factors. According to research by Gorni, molar perforations had reduced healing ability, and the inflammatory process was more likely to proceed in patients who reported apical or medial pain. To

understand why some procedures are more successful than others, it may be necessary to look at how the teeth are aligned in relation to each other. However, it was also demonstrated that these materials were being used with a lack of knowledge, therefore displaying an unreliable conclusion in this matter.

### 3. Conclusions

Sealers such as hydraulic calcium silicate-based (HCSB), also known as "bioceramic," are becoming increasingly popular among general practitioners and endodontists. Their use is widespread for the purpose of closing the root canal. All methods for preventing root canals, including cold side frames, direct heating, and the single cone procedure, are compatible with the use of materials that have been pre-blended or that are type five HCSB. In the meantime, HCSB type four sealers are sensitive to heat and will melt easily; as a result, they are ideal for root canal closure techniques that include freezing temperatures. Even though all methods of obutrration are effective to the same degree and do not improve upon one another, the obturation method of one cone is simple to apply, requires little effort and time, and has therapeutic appeal in contemporary endodontics. Many general dentists and endodontists are turning to hydraulic calcium silicate-based (HCSB) or "bioceramic" sealers to complete the root canal closure process.

A single cone process or pre-blended type five HCSB materials can be employed with any root canal prevention technique, including cold side frames and direct heating. Type four HCSB sealers, on the other hand, are heat and melt sensitive, making them ideal for cold-root canal closure. Obturation with a single cone, while effective, is the most convenient and therapeutically appealing to modern endodontics. In vitro, investigations have proven their promising features, particularly their biocompatibility, compatibility, antibacterial capabilities, and certain bioactivity, in comparison to traditional sealers such as zinc oxide-eugenol and epoxy resin-based sealers. Even yet, the effect of its high melting point on its long-term sealing capabilities is still in question. In contrast to traditional seals, these are hydraulic seals, and their setting is based upon the presence of moisture.

Sealers based on calcium silicates have varying qualities based on how they are manufactured. Only a few short-term studies have looked at the clinical outcomes of calcium silicate-based root canal sealers so far. Surgeons, on the other hand, must adapt their practices to suit the needs of their patients.

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