

Tau proteins

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dGAE(297–391) Tau Fragment Promotes Formation of Chronic Traumatic Encephalopathy-Like Tau Filaments

Kristine Kitoka, Alons Lends, Gytis Kucinskas, Anna Lina Bula, Lukas Krasauskas, Vytautas Smirnovas, Monika Zilkova, Branislav Kovacech, Rostislav Skrabana, Jozef Hritz, and Kristaps Jaudzems*

Abstract: The microtubule-associated protein tau forms disease-specific filamentous aggregates in several different neurodegenerative diseases. In order to understand how tau undergoes misfolding into a specific filament type and to control this process for drug development purposes, it is crucial to study in vitro tau aggregation methods and investigate the structures of the obtained filaments at the atomic level. Here, we used the tau fragment dGAE, which aggregates spontaneously, to seed the formation of full-length tau filaments. The structures of dGAE and full-length tau filaments were investigated by magic-angle spinning (MAS) solid-state NMR, showing that dGAE allows propagation of a chronic traumatic encephalopathy (CTE)-like fold to the full-length tau. The obtained filaments efficiently seeded tau aggregation in HEK293T cells. This work demonstrates that in vitro preparation of disease-specific types of full-length tau filaments is feasible.

Protein misfolding into insoluble amyloid deposits is a hallmark of many neurodegenerative diseases.^[1] The microtubule-associated protein tau is intrinsically disordered and highly soluble.^[2,3] Despite this, insoluble tau filaments are formed in several neurodegenerative diseases such as Alzheimer's disease (AD),^[4] corticobasal degeneration (CBD),^[5] chronic traumatic encephalopathy (CTE),^[6] and Pick's disease (PiD).^[7] Remarkably, the adopted folds of tau filaments are disease specific.^[4-8]

In the brain, tau is present as six different isoforms comprising 352-441 residues produced through alternative splicing. The isoforms differ by the number of N-terminal inserts (0 N, 1 N or 2 N) and C-terminal repeats (3R or 4R isoforms).^[9] The filamentous tau structures have been investigated to identify the parts of the protein incorporated into the rigid cores of the filaments.^[10,11] Typically, the diseaseassociated tau filament cores do not exceed one-quarter of the protein sequence. In electron micrographs, the filaments appear to be surrounded by a fuzzy outer coat.^[12-14] A recent breakthrough discovery using cryo-EM on patient-derived material revealed that the rigid core of AD paired helical and straight filaments is formed by the V306-F378 fragment.^[4] This region largely overlaps with the I297-E391 (dGAE) fragment (Figure 1a), previously found to be the main component of AD patient-derived material.^[12] dGAE covers the end of R2, whole R3 and R4 repeats, and the major part of R' repeat of the full-length (2N4R) tau protein. Although the dGAE fragment is slightly longer than the AD tau filament core identified by cryo-EM,^[4] Lövestam et al. showed that the residues at its N- and C-termini are essential for filament formation in vitro because several shorter tau constructs were ineffective in forming filaments.^[15] Additionally, they proved by high-throughput cryo-EM structure determination that dGAE can form filaments in vitro, resembling those found in the CTE and AD patient brains.[15,16]

[*] K. Kitoka, A. Lends, A. L. Bula, Prof. K. Jaudzems	M. Zilkova, B. Kovacech, R. Skrabana
Latvian Institute of Organic Synthesis	Institute of Neuroimmunology
Aizkraukles 21, Riga LV-1006 (Latvia)	Slovak Academy of Sciences
E-mail: kristaps.jaudzems@osi.lv	Dubravska cesta 9, 845 10 Bratislava, Slovakia
G. Kucinskas, J. Hritz	J. Hritz
CEITEC MU	Department of Chemistry, Faculty of Science,
Masaryk University	Masaryk University,
Kamenice 753/5, 625 00 Brno, Czech Republic	Kamenice 5, 625 00 Brno, Czech Republic
G. Kucinskas	Prof. K. Jaudzems
National Centre for Biomolecular Research, Faculty of Scienc	ce Department of Organic Chemistry, Faculty of Chemistry,
Masaryk University,	University of Latvia,
Kamenice 5, 625 00, Brno, Czech Republic	Jelgavas 1, Riga LV-1004 (Latvia)
L. Krasauskas, V. Smirnovas	© 2024 The Authors. Angewandte Chemie International Edition
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Figure 1. (a) Full-length tau 2N4R domain architecture. N1 and N2 are exon-coded inserts, P1 and P2 indicate the proline-rich regions, and R1 to R' indicate repeat domains. dGAE includes residues 1297-E391 from the repeat domains of the 2N4R full-length tau. (b) ThT fluorescence curve of dGAE aggregation kinetics (average of three replicates with standard deviation values). (c) Negative-stain EM micrograph of dGAE(297–391) tau filaments. (d) Comparison of secondary structures between dGAE filaments presented here, patient-derived tau filaments,^[4,6] and other in vitro dGAE studies.^[15,19,20]

In contrast to full-length tau, dGAE aggregates in the absence of any aggregation inducers, allowing the preparation of filaments in vitro without heparin.[17-20] Heparin screens electrostatic interactions, thereby inducing conformational rearrangement of the tau protein that leads to its selfassembly.^[21,22] Until recently, heparin was the most used cofactor for preparing tau filaments, as it ensures relatively high aggregation yields.^[23-28] However, cryo-EM has shown that heparin-induced tau filaments are structurally heterogeneous and distinct from the patient-derived filaments, raising questions about the relevance of such aggregation protocols.^[29] dGAE may provide a more biologically relevant route to generate tau filaments for in vitro studies, necessary for the development of new disease-modifying therapies for tauopathies. However, it remains elusive whether the findings from dGAE studies can be directly translated into the context of the full-length tau. Furthermore, there is building evidence indicating that the C-terminal truncation of full-length tau at E391 is an early pathological change occurring before tau tangle formation.^[30-32] This suggests that truncated tau fragments such as dGAE could play an important role in seeding and tangle formation.

Here, we use the solid-state NMR (ssNMR) and other complementary biophysical methods to characterize the structures of both the truncated tau fragment dGAE and the full-length tau filaments obtained by seeding with dGAE. By comparing the spectra of dGAE and seeded full-length 2N4R filaments, we demonstrate that this approach allows the preparation of CTE-like full-length tau filaments in vitro. Additionally, the filaments efficiently induced tau aggregation in the FRET biosensor cell line.

dGAE filaments were formed by incubating 400 µM protein solution with agitation (800 rpm) without cofactors in PBS pH 7.4 and in the presence of 5 mM DTT to prevent disulfide formation. Thioflavin T (ThT) fluorescence showed a typical sigmoidal curve indicative of amyloid formation via primary nucleation, elongation, and secondary nucleation (Figure 1b).^[33] The average lag time for filament formation was approximately 8 h, after which an exponential increase in ThT fluorescence was observed with a half-time of 12 h, reaching a plateau at 20 h. The small standard deviation values indicate repeatable aggregation kinetics of dGAE under these conditions. SDS-PAGE analysis (Figure S2) confirms that most of dGAE was aggregated at the end of the incubation period. The electron micrographs show the formation of slightly twisted and unbranched filaments (Figure 1c).

The ssNMR was performed on uniformly ¹³C,¹⁵N-labeled dGAE filaments using ¹³C-detected experiments at 12 kHz MAS. The 2D DARR ¹³C-¹³C correlation spectrum with 20 ms mixing time displayed line widths of 0.6 ppm for well-isolated peaks, suggesting that the filament preparation yielded a single conformation. Examination of several residue-type-specific regions indicated the expected number of correlations (Figure S3), corroborating high homogeneity of the sample.

Sequence-specific assignments of the backbone ¹⁵N and/or ¹³C chemical shifts were obtained for residues V306-D314, V318-F346, R349-K369, I371-T373, and D387-E391 from the 3D NCACX, NCOCX and CANCO experiments (Figure S4). Side chain assignments were completed using the 2D DARR spectra with longer mixing times. To simplify the spectra and confirm the assignments, selectively unlabeled samples were prepared by suppressing either lysine or leucine, isoleucine, valine, and lysine labeling (Figure S5). The obtained assignment suggests that at least 60 residues spanning the region V306-T373 are incorporated into the rigid core of our dGAE filaments (Figure S6A). The chemical shifts of C322 correspond to a reduced cysteine, in agreement with the reducing conditions used for the aggregation (Figure S3A). Residues D387-E391 were assigned, implying that the C-terminal part folds back and attaches to the filament core.

To probe the mobile parts outside the rigid filament core, we recorded INEPT-based experiments that allow the detection of highly dynamic residues.^[34] In the INEPT 2D ¹H-¹³C correlation spectrum (Figure S6B), the cross peaks exhibiting random coil chemical shifts were assigned to methionine, isoleucine, lysine, histidine, valine, glycine, alanine, phenylalanine, proline, serine, leucine, arginine, and threonine residues. Based on the uniqueness of some amino acid types outside the assigned core, these mobile residues most likely belong to fragments I297-S305 and H374-T386. Relatively rare amino acids which occur in the H374-T386 region are phenylalanine (F378), and alanine (A382, A384). There is one other phenylalanine in the middle of the rigid region (F346) and one other alanine at the C-terminus (A390), both of which were assigned in CP-based spectra. Altogether the MAS ssNMR data indicate that the dGAE rigid core is composed of residues V306-T373, which interacts with the very C-terminus (residues D387-E391). The Nterminus (residues I297-S305) and residues H374-T386 near the C-terminus are mobile, whereas the rest are semi-rigid or conformationally heterogeneous as they are not observed in either cross-polarization (CP) or INEPT-based experiments.

To identify the locations of secondary structures and make a comparison with other tau structures, deviations of backbone C α and C β chemical shifts from random-coil values, known as the secondary chemical shifts (SCS), were analyzed. Most of the assigned residues were found to adopt a β -sheet conformation, whereas unassigned fragments coincide with loops in the cryo-EM structures (Figure 1d). Strand β1 covers the R3 hexapeptide motif V306-Y310,^[2] β 2 is formed by V313-D314, β3 by K317-K321, and β4 by S324-H330. V337-F346 strand $\beta 5$ and covers the R4 hexapeptide motif V337-E342, R349-K353 forms \u00d36, and L355-V363 forms \u00e37. K369-T373 forms ß8 at the beginning of R'. As expected, both hexapeptides are involved in dGAE filament formation. Compared to the cryo-EM structures of patient-derived tau, our assignment covers residues that belong to \$1-\$8 strands of the cryo-EM structures. The locations of the identified β strands fit best to the CTE protofilament cryo-EM data (PDB: 6NWP/6NWQ, see Figure 1d). We also compared the assigned β -strand locations with other dGAE in vitro studies, performed by cryo-EM (PDB: 7QJW, 7QL3, 7QK2)^[15] and by ssNMR.^[19,20] The comparison shows that the β -strand positions differ notably from our filaments except the 7QJW structure of in vitro produced CTE-like dGAE filaments,^[15] exhibiting nearly identical fold to patient-derived CTE type II filaments (PDB: 6NWQ, an all-atom r.m.s.d. of 1.4 Å).

The AD and CTE protofilament structures are both Cshaped, with the CTE protofilament fold adopting a more extended conformation (Figure S7A). The subtle conforma-

tional differences yield alternative side chain packing arrangements resulting in distinct cross-peak patterns. To confirm the structural similarity of the analyzed dGAE filaments to a disease-specific filament type, we examined the dipolar recoupling DARR spectra with long mixing times. Crosspeaks between the V339Cβ-I354Cδ1, V337Cβ-I354Cγ2 (Figure 2a), and V337Cβ-G355Cα (Figure 2b) resonances were identified, reporting on the packing of the I354, G355, V337, and V339 residues (Figure 2j). This indicated that the side chain of I354 is packed between V337 and V339. Based on the available cryo-EM structures, such a cross-peak pattern agrees well with the CTE β -helix arrangement and not the AD PHF-like β -helix arrangement (Figure S7B). The CTE β helix conformation of the filament tip is also supported by cross-peaks between the side chains of L344, F346, and V350 (Figure 2c, k). Inconsistency with the AD fold is bolstered by absence of cross-peaks between F346-S352 and F346-I354 side chains (Figure S7C). Furthermore, several cross-peaks between L325, I328, and V363 were identified (Figure 2a, df), indicating that V363 is packed between L325 and I328 (Figure 21). Such an arrangement is consistent with the CTE protofilament packing but not with the side chain packing in the 7QL3 and 7QK2 dGAE structures (Figure S7D), where L325 and I328 are solvent-exposed. Side chain cross-peak patterns of H330, P332, and N359 (Figure 2g, h) also support the formation of the CTE fold (Figure 2m). By examining a DARR spectrum with 500 ms mixing time, we found crosspeak patterns corresponding to inter-protofilament side chain contacts between H329 and E338 (Figure 2i). This unambiguous long-range contact indicates that intermolecular contacts involve ³³²PGGG³³⁵ motifs facing each other in an antiparallel manner. This arrangement places H329 and E338 near one another, which is consistent with the CTE type II fold (Figure 2n).



Figure 2. (a) A selected region of a 2D ¹³C-¹³C DARR spectrum (150 ms mixing time) showing V339Cβ-I354Cδ1, V337Cβ-I354Cγ2, and V363Cβ-I328γ2 correlations. (b) A selected region of a ¹³C-¹³C DARR spectrum (150 ms mixing time) showing V337Cβ-G355Cα correlation. (c) Selected regions of a ¹³C-¹³C DARR spectrum (150 ms mixing time) showing L344Cγ-F346Cζ and V350γ1-F346Cζ correlations. (d) Selected regions of a ¹³C-¹³C DARR spectrum (150 ms mixing time) showing V363Cγ1-L325Cδ, V363Cγ1-I328Cγ1, V363Cγ1-L325Cγ correlations. (e) A selected region of a ¹³C-¹³C DARR spectrum (150 ms mixing time) showing V363Cγ1-I328Cδ1 correlation. (f) A selected region of a ¹³C-¹³C DARR spectrum (150 ms mixing time) showing V363Cγ1-I328Cδ1 correlation. (f) A selected region of a ¹³C-¹³C DARR spectrum (150 ms mixing time) showing P322Cδ-N359Cβ correlation. (h) A selected region of a ¹³C-¹³C DARR spectrum (500 ms mixing time, valine, isoleucine, leucine, and lysine suppressed sample) showing P322Cδ-N359Cβ correlation. (h) A selected region of a ¹³C-¹³C DARR spectrum (500 ms mixing time, lysine suppressed sample) showing H330Cγ-N359Cδ and H330Cδ2-N359Cδ correlations. (i) Selected regions of a ¹³C-¹³C DARR spectrum (500 ms mixing time, lysine suppressed sample) showing E338Cδ-H329Cγ2 correlations. (j) V337, V339, and I354 side-chain packing in CTE filaments. (k) L344, F346, and V350 side-chain packing in CTE filaments. (l) L325, I328, and V363 side-chain packing in CTE filaments. (m) H330, P322, and N359 side-chain packing in CTE filaments. (n) H329 and E338 locations in the CTE type II filament structure.

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The obtained dGAE filaments were used as a template for seeded aggregation of full-length tau, using identical conditions as for dGAE alone. The efficiency of aggregation was assessed by SDS-PAGE (Figure 3a), which showed that a major part of the full-length tau protein remained in the solution (Figure 3a, lane S), and a minor part (about 40%) was in the pellet (Figure 3a, lane P) while repeated dGAEseeded aggregations showed that 2N4R can be aggregated with higher yields (Figure S8). This suggests that full-length tau reaches an equilibrium of aggregation/dissolution processes even in the presence of dGAE seeds. Template-driven aggregation was also monitored using ThT fluorescence (Figure 3b). In contrast to the dGAE fluorescence curve, the dGAE-seeded 2N4R aggregation lacked the lag phase and was dominated by elongation (compare with Figure 1b). This shows that dGAE filaments can template full-length tau even when the nucleation of 2N4R alone is unfavorable. The obtained full-length tau filaments were long and formed a net-like arrangement on EM grids (Figure 3c). Compared with dGAE filaments, the body of the 2N4R filaments seems to be covered by additional densities, most likely the fuzzy coat. In the AFM micrographs, the 2N4R filaments appear to be twisted (Figure S9).

The structural homogeneity of the samples was assessed by limited proteolysis using trypsin and pronase E (Figure 3d). Treated filaments reproducibly yielded single bands on SDS-PAGE. We identified that the trypsin-resistant rigid core is approximately 14.7 kDa (Figure S10A) and was mapped to residues K298-K438 by full trypsin digestion (Figures S10B and S10D). The pronase-resistant core is slightly shorter, approximately 13.6 kDa (Figure S10A), and corresponds to residues H299-T427 or K298-A426 (Figures S10C and S10D). Structural analysis of dGAE-seeded full-length tau filaments was performed by comparison of 2D ssNMR spectral fingerprints with dGAE filaments. Full-length tau filaments exhibit more signals in the ¹H-¹³C INEPT spectrum compared to dGAE (Figure S11), confirming the formation of fulllength tau filaments with mobile flanking regions. Several resonances, such as isoleucine and alanine, overlap in these spectra, and some become more intense in the spectrum of full-length tau filaments.

The DARR spectra of dGAE and full-length tau filaments look quite similar. However, notable differences are observed in a few spectral regions (Figure 3e). Alanine Ca and C\beta resonances, which exhibit random coil chemical shifts in the DARR spectrum of dGAE, are shifted towards betasheet chemical shifts. The increased number of alanine resonances and the fact that one of these resonances most likely belongs to A390 suggests that additional β-strands outside the V306-F378 region are present in the full-length tau filaments. This is also supported by the limited proteolysis data, which indicates that the rigid core contains 4 alanines, namely, A382, A384, A390, and A426. This leads us to think that the C-terminal part also contributes to the 2N4R filament rigid core. This observation is particularly interesting because these parts were not detected in cryo-EM studies of CTE tau filaments. Furthermore, the C322 peak is significantly shifted or missing in the DARR spectrum of full-length tau filaments, indicating an altered C322 conformation and/or dynamics.

The overlay of 2D NCA spectra (Figure 3f) shows the disappearance or shifting of several dGAE resonances in the full-length tau spectrum. These include the C322-S324 fragment and several glycine residues. Surprisingly, both K340 and S341 also disappear, although they are part of the R4



Figure 3. (a) SDS-PAGE of the full-length tau sample with dGAE seeds before and after aggregation in PBS pH 7.4, 5 mM DTT. Lane R is a reference sample at the beginning of aggregation, lane P corresponds to the pellet fraction after aggregation, lane S—the supernatant fraction after aggregation, lane W-whole reaction mixture after aggregation, and lane Seed is the dGAE seed. Figure S14A contains uncropped/full-size SDS-PAGE image. (b)ThT fluorescence curves of dGAE-seeded 2N4R aggregation kinetics (average of four replicates with standard deviation values). (c) Negative-stain EM micrograph of the seeded full-length tau filaments. (d) SDS-PAGE of the trypsin and pronase E treated full-length tau filaments. Lane R is a reference sample before digestion, lane P corresponds to the pellet fraction after digestion. Figures S14B and S14C contain uncropped/full-size SDS-PAGE images. (e) Overlay of 2D ¹³C - ¹³C DARR spectra of dGAE and seeded full-length tau filaments. (f) Overlay of 2D NCA spectra of dGAE and seeded full-length tau filaments. The missing residues are identified.

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hexapeptide V337-E342. At the same time, the INEPT spectrum of 2N4R (Figure S11) does not exhibit any new resonances that could belong to serine. These differences suggest that the R4 hexapeptide is influenced by the mobile regions of full-length tau filaments when incorporated into full-length filaments. The solution ¹H-¹⁵N HSQC spectrum of the generated filaments lacks N- and C-terminal resonances (Figure S12), which suggests their partial immobilization through interactions with the core. This is in line with cryo-EM structures of full-length tau filaments^[4] showing additional densities in contact with residues K317 and K321.

In order to verify the dGAE and dGAE-seeded fulllength tau filament seeding potential in cells, we tested their proteopathic seeding activity on Tau RD P301S FRET biosensor epithelial cell line^[35] (Figure 4a). Both filament types consistently exhibited potent seeding activity in the cells. The averaged FRET fluorescence signal was higher for dGAE-seeded 2N4R filaments than for dGAE filaments (Figure 4b), reflecting a greater extent of per-cell aggregation of the intracellular reporter tau after transfection with the 2N4R filaments compared to transfection with the dGAE filaments. This may be due to the presence of additional β strands in the 2N4R filaments, as suggested by the DARR spectra (Figure 3e), which confer a larger surface for seeded aggregation of the biosensor reporter tau.

Recently, several groups have studied filaments formed by the dGAE fragment.^[15,16,19,36-38] Lövestam et al. showed that the use of NaCl or PBS gives rise to CTE type II filaments or new morphologies.^[15,16] Based on the secondary structure data (Figure 1d), the β -strand locations in our obtained dGAE filaments fit the best with CTE protofilament β -strand locations, except that the β 8 strand is shorter. The observation of the amino acid stretch D387-E391 in our CP type spectra implies that the C-terminal part folds back and attaches to the filament core, which has not been observed before. However, additional densities near H362, K369, I371, T373, and K375 side chains have been seen in the CTE cryo-EM structures.^[4,6] Therefore, we hypothesize that side chains of K369, and K375 could interact with the side chains of D387 and E391 and form salt bridges. The inclusion



Figure 4. Tau aggregation in biosensor cell line induced by dGAE and 2N4R filaments. (a) Fluorescence microscopy of tau inclusions after transfection with filaments. dGAE monomers and sarkosyl insoluble AD tau filaments were used as negative and positive control, respectively. White bars represent 20 μ m. (b) Quantification of intracellular tau inclusions in FRET-positive cells based on averaged median fluorescence intensity in the FRET channel. Error bars represent standard deviation.

and conformation of the D387-E391 pentapeptide in the filament core has been suggested by X-ray crystallography of the complex of dGAE and MN423, a monoclonal antibody specifically recognizing filament fold.^[39,40]

Although the solution conditions were quite similar to those used by Lövestam et al.,^[15] we did not observe any resonances that correspond to minor conformations and different β -strand location patterns. These minor differences could be attributed to different shaking speeds and aggregation volumes. Our determined β -strand locations also differ from other ssNMR studies of dGAE filaments formed under different aggregation conditions (10 mM NaPi pH 7.4, 10 mM DTT;^[19] 10 mM NaPi pH 7.4, 200 mM MgCl₂^[20]). Interestingly, the rigid cores identified in these studies also lacked most of the C-terminal β 8-strand from the cryo-EM structures.^[19,20]

Our obtained dGAE filaments adopt the beta-helix conformation seen in CTE-type protofilaments, suggesting that disease-specific CTE type II filaments can be generated in vitro. Usually, type II is a minor fold found in the CTE brain. However, increased type II levels have been found in amyotrophic lateral sclerosis/parkinsonism dementia (ALS/PDC) complex^[41] and subacute sclerosing panencephalitis (SSPE),^[42] suggesting that similar molecular mechanisms underlie these diseases. Inflammation processes may be a shared feature among CTE, SSPE, and ALS/PDC.

To date, the major bottleneck for the structural studies of full-length tau filaments is the high solubility of tau facilitating studies in solution. Spontaneous tau aggregation without cofactors is usually less efficient than cofactor-induced aggregation. In addition, aggregation becomes even less efficient by increasing the length of tau from truncated constructs to full-length isoforms.^[43,44] This study shows that the full-length tau protein can be aggregated by templatedriven aggregation using the truncated tau fragment dGAE. The observed elongation profiles and absence of a lag phase suggest that the dGAE filaments partially propagate their fold onto the full-length tau filament studies. Further investigation is required regarding the fold of dGAE-seeded 2N4R filaments.

Both dGAE and seeded 2N4R filaments efficiently induced tau aggregation in the Tau RD P301S FRET biosensor cell line. However, it remains to be clarified if a similar mechanism exists for the tau aggregation in the brain, where "tauons" generated by tau truncation have been proposed to induce a template-assisted pathology propagation.^[45]

Tau neurofibrillary tangles are known to be hyperphosphorylated. However, the established phosphorylation sites in CTE are located outside the dGAE sequence.^[46] Thus, dGAE aggregation should not be affected by phosphorylation. On the other hand, seeded aggregation of fulllength tau could be affected by hyperphosphorylation. The MALDI-TOF data suggest that dGAE induces the formation of 2N4R filaments with longer rigid cores than observed from patient-derived material.^[47] Several important phosphorylation sites are located just outside the dGAE sequence, namely, Y394, S396, S400, T403, and S404.^[46,48] PTMs at these

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C-terminal residues could be crucial for β -strand disruption by the repulsion of the negatively charged phosphates, which may inhibit formation of filaments.^[32] Further studies to compare phosphorylated dGAE-seeded full-length tau with wild-type tau are warranted.

In summary, we used ssNMR spectroscopy to investigate the features of full-length and truncated tau filaments generated from the dGAE fragment. The rigid core of the obtained single-conformation dGAE filaments spans residues V306-T373 covering residues up to the β 8 strand seen in cryo-EM structures. Inter-nuclear contacts indicate that the filament tertiary and quaternary structure corresponds to that found in CTE patient-derived type II filaments. The dGAE CTE type II fold can be propagated to full-length tau, and both types of filaments efficiently seed tau aggregation in cells. This work sets the basis for future ssNMR spectroscopy studies of disease-specific tau filaments. In particular, a deeper understanding of the interactions between the rigid core and the mobile flanking regions could help to identify important drug-binding sites, facilitating the design of more effective therapeutic candidates against the progression of AD and other tauopathies.

Supporting Information

The authors have cited additional references within the Supporting Information.^[49-59]

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Conflict of Interest

The authors declare no conflict of interest.

Data Availability Statement

The data that support the findings of this study are openly available in BioMagResBank at https://doi.org/10.13018/BMR52070, reference number 52070.

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Tau proteins

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dGAE(297–391) Tau Fragment Promotes Formation of Chronic Traumatic Encephalopathy-Like Tau Filaments



In vitro methods for obtaining diseasespecific filamentous aggregates of the microtubule-associated protein tau are needed for diagnostics and drug development against tauopathies. We show that the chronic traumatic encephalopathy type II fold can be propagated onto full-length tau by seeding the aggregation with the tau fragment dGAE. The work brings us closer to in vitro preparation of disease-specific tau filament types.