



1st International Egodocumental
Network Conference

EGODOCUMENTS FROM MEDIIEVAL CODEX TO MODERN MEDIA: Narratives, Presentations, Identities

Vilnius, 24–26 April 2025

Book of Abstracts

Faculty of Communication, Vilnius University
Faculty of History, Nicolaus Copernicus University in Toruń
Filip Friedman Centre for Jewish Studies, University of Lodz
International Egodocumental Research Group

Hashtag X: #IENC2025



NICOLAUS COPERNICUS
UNIVERSITY
IN TORUŃ



UNIVERSITY
OF LODZ

Organisers



NICOLAUS COPERNICUS
UNIVERSITY
IN TORUŃ



UNIVERSITY
OF LODZ

International Egodocumental
Research Group

In Partnership with



Vilnius
University
Library



VILNIUS COUNTY
ADOMAS MICKEVIČIUS
PUBLIC LIBRARY



The Wroblewski Library of the
Lithuanian Academy of Sciences



The Institute of Lithuanian
Literature and Folklore

Sponsors



INSTYTUT
POLSKI
WILNO



LENKIJOS
INSTITUTAS
VILNIUJE

Organising Committee:

Prof. Dr Arvydas Pacevičius (Vilnius University, Chairperson)

Prof. Dr Aušra Navickienė (Vilnius University, Vice-Chairperson)

Dr hab. Hadrian Ciechanowski (Nicolaus Copernicus University in Toruń)

Dr Veronika Girininkaitė (Vilnius University Library)

Dr hab. Prof. Michaël Green (University of Lodz)

Dr Rima Cicėnienė (Wróblewski Library of the Lithuanian Academy of Sciences and Vilnius University)

Scientific Committee:

Prof. Dr hab. Waldemar Chorążyczewski (Nicolaus Copernicus University in Toruń)

Prof. Dr Aušra Martišiūtė-Linartienė (The Institute of Lithuanian Literature and Folklore)

Dr Joanna Orzeł (University of Lodz)

Prof. Dr hab. Stanisław Roszak (Nicolaus Copernicus University in Toruń)

Dr Jolita Sarcevičienė (Lithuanian Institute of History)

Dr Kšištof Tolkačevski (Vilnius University)

Copyright © 2025 [Authors]. Published by Vilnius University Press. This is an Open Access article distributed under the terms of the Creative Commons Attribution Licence, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Bibliographic information is available on the Lithuanian Integral Library Information System (LIBIS) portal ibiblioteka.lt.

ISBN 978-609-???? (digital PDF)

Introduction of the Historical Cookbook in the Context of Egodocumental Research: The Case of Jan Szyttler

Prof. Dr Rimvydas Laužikas

Vilnius University, Lithuania

Jan Szyttler (1778–1850) was the most famous cookmaster of the Romantic period within the cultural space of the former Polish-Lithuanian Commonwealth. Living in Vilnius during the first half of the 19th century, Szyttler authored several popular cookbooks focusing on different audiences, such as professional cooks, rural housewives, hunters, those who sought economical meal preparation, and individuals concerned with a healthy lifestyle. From the perspective of egodocumental research, the introductions to these cookbooks are particularly compelling. In these introductory sections, Szyttler elaborates on his motives for writing to specific audiences and articulates his culinary concepts tailored to meet the needs and interests of each distinct audience. These introductions not only illuminate Jan Szyttler's values and interests but also serve as a key to understanding his personality.

This conference paper presents an egodocumental analysis of the introductory sections of Szyttler's cookbooks. The research explores several questions. To what extent can a book's introduction be considered an egodocumental source? How does this source contribute to the understanding of Szyttler's personality and study of the gastronomic history of his time? And what is the communicative function of this source, particularly in terms of its semiotic and interpretative characteristics?