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**21st European Symposium on
Suicide and Suicidal Behaviour - ESSSB21**

Rethinking Suicide Research & Prevention

**August 26–29, 2026
Vilnius, Lithuania**

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All members of the Organizing Committee are from the Suicide Research Centre at Vilnius University. More details: <https://www.fsf.vu.lt/en/institute-of-psychology/centre-for-suicidology>

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K1. Suicide Rates as a „Social Thermometer“: (Re)thinking Historical Traumas

Danutė Gailienė

Vilnius University, Lithuania



Professor of Clinical Psychology at the University of Vilnius. She initiated very first studies on suicidology and psychotraumatology in Lithuania. Author of many books and scientific articles. Supervisor of many doctoral dissertations on suicidology. Together with trained researchers, founded the Suicidology Research Centre at Vilnius University. Winner of various awards – Order for Merits to Lithuania, National Science Award, a.o.

Abstract:

Suicide rates have remained stable for a very long time in some countries, particularly in Western Europe. Meanwhile, other countries are characterized by very pronounced fluctuations in suicide rates, which coincide with historical turning points in those countries. The presentation will discuss the links between historical trauma and the prevalence of suicide.