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**21st European Symposium on
Suicide and Suicidal Behaviour - ESSSB21**

Rethinking Suicide Research & Prevention

**August 26–29, 2026
Vilnius, Lithuania**

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All members of the Organizing Committee are from the Suicide Research Centre at Vilnius University. More details: <https://www.fsf.vu.lt/en/institute-of-psychology/centre-for-suicidology>

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'Healing Our Youth Home:' Reimagining Upstream Youth Suicide Prevention through Métis Youth Voices

Burd, Logan; Plamondon, Katrina; Shahram, Sana

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Youth suicide is a complex issue in Canada, with First Nations, Métis, and Inuit youth disproportionately affected. This doctoral research explores how Métis understandings of life promotion can inform upstream youth suicide prevention. Through three objectives: (1) co-create shared conceptualizations of life promotion; (2) identify equity-oriented, systems-focused indicators to evaluate life promotion; and (3) generate recommendations for upstream suicide prevention. Grounded in my worldview as a Métis youth, this presentation will share the methodology and initial findings from the Healing our Youth Home study, a youth-led, participatory, metaphor-inspired Indigenous research approach rooted in Métis knowledges, community relationships, and equity science.

Sense of Community and Suicide Risk in Lithuanian Men: The Mediating Role of Defeat and Entrapment

Rupšys, Giedrius; Grigienė, Dovilė; Marcinkevičiūtė, Miglė; Rimkevičienė, Jurgita

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Lithuania has among the highest male suicide rates globally. Understanding male suicidality requires examining community contexts that shape masculinity. This study examined whether Sense of Community (SOC) predicts suicide risk directly and indirectly through defeat and entrapment in Lithuanian men. Using structural equation modelling ($n = 510$), family SOC was associated with lower suicide risk directly ($\beta = -0.27$; $p = 0.005$) and indirectly via defeat and entrapment ($\beta = -0.21$; $p < 0.001$), whereas friends' SOC showed no significant effects. Results underscore the protective role of family community in male suicidality in Lithuanian context.

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