

<https://doi.org/10.15388/ESSSB21.2026>

**21st European Symposium on  
Suicide and Suicidal Behaviour - ESSSB21**

# Rethinking Suicide Research & Prevention

---

**August 26–29, 2026  
Vilnius, Lithuania**

## Organizing Committee

- **Chair:** Paulius Skruibis
- Austėja Agnietė Čepulienė
- Said Dadašev
- Danutė Gailienė
- Dovilė Grigienė
- Jokūbas Gužas
- Miglė Marcinkevičiūtė
- Eglė Mažulytė-Rašytinė
- Jurgita Rimkevičienė

All members of the Organizing Committee are from the Suicide Research Centre at Vilnius University. More details: <https://www.fsf.vu.lt/en/institute-of-psychology/centre-for-suicidology>

## Scientific Committee

- |                                     |                             |
|-------------------------------------|-----------------------------|
| • <b>Co-chair:</b> Paulius Skruibis | • Nav Kapur                 |
| • <b>Co-chair:</b> Danutė Gailienė  | • Vaiva Klimaitė            |
| • Ayesha Ahmad                      | • Birthe Loa Knizek         |
| • Marion Aichberger                 | • Vitalii Klymchuk          |
| • Johnny Andoh-Arthur               | • Karolina Krysinska        |
| • Karl Andriessen                   | • Matthew Large             |
| • Judit Balazs                      | • Ian Marsh                 |
| • Diana van Bergen                  | • Miglė Marcinkevičiūtė     |
| • Silvia Sara Canetto               | • Trine Madsen              |
| • Amy Chandler                      | • Konrad Michel             |
| • Austėja Čepulienė                 | • China Mills               |
| • Erminia Colucci                   | • Thomas Niederkrotenthaler |
| • Said Dadašev                      | • Merete Nordentoft         |
| • Derek de Beurs                    | • Rory O'Connor             |
| • Annette Erlangsen                 | • John Oliffe               |
| • Dovilė Grigienė                   | • Alexis Palfreyman         |
| • Eve Griffin                       | • Vita Poštuvan             |
| • Jokūbas Gužas                     | • Martin Plöderl            |
| • Simon Hatcher                     | • Jurgita Rimkevičienė      |
| • Keith Hawton                      | • Merike Sisask             |
| • Michael P Hengartner              | • Ellen Townsend            |
| • Heidi Hjelmeland                  | • Nida Žemaitienė           |
| • Erkki Isometsa                    | • Przemysław Waszak         |

## SY7. Men, Masculinity, and Suicidality

*Chair: Manait, Jonas (113 Suicide Prevention, Trimbos-Institute, Leiden University, Netherlands, The)*

Globally, suicide statistics are dominated by men, making male suicide a critical public health concern. This symposium explores male suicide and the influence of masculinity on factors contributing to men's vulnerability. It brings together research from four countries and a global meta-synthesis and systematic review, integrating perspectives to advance knowledge and inform prevention efforts. The studies draw on quantitative and qualitative datasets, such as surveys and psychosocial autopsy records, analyzed using diverse approaches. Together, these studies provide deeper insight into male suicide and the role of masculinity, demonstrating the importance of integrating this knowledge into prevention and intervention.

### How do men define masculinity: a comparison of men with and without suicidal ideation

**Grigienė, Dovilė;** Guogaitė, Greta

Vilnius University, Faculty of Philosophy, Institute of Psychology, Suicide Research Centre

Globally, suicide statistics are dominated by men, making male suicide a critical public health concern. This symposium explores male suicide and the influence of masculinity on factors contributing to men's vulnerability. It brings together research from four countries and a global meta-synthesis and systematic review, integrating perspectives to advance knowledge and inform prevention efforts. The studies draw on quantitative and qualitative datasets, such as surveys and psychosocial autopsy records, analyzed using diverse approaches. Together, these studies provide deeper insight into male suicide and the role of masculinity, demonstrating the importance of integrating this knowledge into prevention and intervention.

### 'Denial, Disconnection, Dysregulation' - Risk factors for men who are suicidal and the role of cultural norms of masculinity

**Bennett, Susanna**<sup>1</sup>; Robb, Kathryn A.<sup>2</sup>; Zortea, Tiago C.<sup>3</sup>; Dickson, Adele<sup>4</sup>; Richardson, Cara<sup>1</sup>; O'Connor, Rory C.<sup>1</sup>

<sup>1</sup>Suicidal Behaviour Research Laboratory, School of Health and Wellbeing, University of Glasgow; <sup>2</sup>Cancer Behaviour Research Group, School of Health and Wellbeing, University of Glasgow; <sup>3</sup>Suicidal Behaviour Research Laboratory, School of Health and Wellbeing, University of Glasgow. Oxford Institute of Clinical Psychology Training and Research, University of Oxford; <sup>4</sup>Department of Psychology, School of Social Sciences, Heriot-Watt University Edinburgh

Globally, suicide statistics are dominated by men, making male suicide a critical public health concern. This symposium explores male suicide and the influence of masculinity on factors contributing to men's vulnerability. It brings together research from four countries and a global meta-synthesis and systematic review, integrating perspectives to advance knowledge and inform prevention efforts. The studies draw on quantitative and qualitative datasets, such as surveys and psychosocial autopsy records, analyzed using diverse approaches. Together, these studies provide deeper insight into male suicide and the role of masculinity, demonstrating the importance of integrating this knowledge into prevention and intervention.